



# TAPPING INTO YOUR HEALING

**SATURDAY, APRIL 29, 2017**  
**9:00 A.M. – 4:00 P.M**

## **A Restorative 1 – Day Workshop**

Treat yourself to a restorative day of self-care and reflection. Learn new ways to connect with your own Divine power of healing by creating a daily spiritual growth practice, finding compassion & love within your "shadows", relaxing in a Yin Yoga & Crystal Healing session and surrendering & releasing all that is no longer serving you with a Burning Bowl Ceremony.

Suggested Love Offering: \$40, a light lunch will be provided

### **Event Location**

Unity by the Bay  
4 Pointless Trail, Annapolis, MD 21409

**CREATING YOUR  
SACRED SPACE**

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**SELF-LOVE**

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**HEALING THROUGH  
FORGIVENESS**

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**YIN YOGA AND  
CRYSTAL HEALING  
WITH MELISSA  
UHNIAT**

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**BURNING BOWL  
CEREMONY**

**MY DIVINE TRUTH**

**WORKSHOP**

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